Children explore wild plants by preparing soil, observing seeds sprout, and learning about plant life cycles through hands-on planting and...

Wheel of Life 1



Keywords

videos • lesson development • planning and discussion • indoors • outdoors • Science • English

1. Plan ahead for wild plant seeds
Start thinking about this activity in the first term. Decide early where you will get seeds. Often, wild plant seeds are already in your soil, you just need to loosen the soil slightly so they can sprout when the rains arrive. Using wild plants is ideal because:

- You can observe the full life cycle;
- It helps children understand that wild plants are not “weeds” but valuable parts of nature.

2. Prepare your growing space
You can use your existing Pollinator Station (from Pollinators Places activities) or create a dedicated wild plant area. This could be a series of pots, planters (see "Pollinator Station" in Downloadable Materials), or a soil patch. Make sure to turn or rake the soil so it’s not too compacted, giving seeds the best chance to grow.

3. Explore plant Life Cycles
Use the videos "Plants 1" and "Plants 2" (Downloadable Materials) to introduce lessons about plant growth and life cycles, reinforcing observation and discussion skills.

Send photos of

- ☐ Children watching videos
- ☐ Children planting and watering the seeds
- ☐ Lessons you create around the videos

Resources & Equipment Needed

- Wildflower seeds (available from BirdLife Malta – contact dinjawahda@birdlifemalta.org);
- Child-friendly trowels (may be available from BirdLife Malta – contact dinjawahda@birdlifemalta.org);
- Pots or planter (optional);
- Soil.

